



Vermont Center for Responder Wellness
and Vermont Department of Mental Health

PRESENT

Changing Lenses

Training for Frontline Workers

A look at mental health awareness and
resiliency in the wake of a pandemic

WHEN

TUESDAY, NOVEMBER 1

8:00 AM – 12:00 PM

First Responders

1:00 PM – 5:00 PM

Mental Health Workers

Educators

Social Workers

Healthcare Providers

WHERE

HILTON BURLINGTON

60 Battery Street | Burlington, VT



PRESENTER

PROF. PAUL MILLER, MD

Internationally recognized frontline
trauma consultant and EMDR trainer in
Europe and the US

TOPICS TO BE COVERED

Psychoeducation: Understanding the Science of Stress
and Trauma

Being Resilient: How to Combat Compassion Fatigue
and Burnout

Best Practices: Using EMDR Early Interventions in the
Prevention of Post Traumatic Stress Disorder

MORE INFORMATION
AND TO REGISTER

 (802) 661-HERO (4376)

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