

NH Division of Fire Standards and Training & EMS, and The National Fallen Firefighters Foundation presents...



December 6, 2017—Weds.

Stress First Aid

for Firefighters and Emergency Services Personnel

2 offerings: 8:30am—12:30pm OR 5:30pm—9:30 pm

Stress First Aid (SFA) is a flexible set of tools used to care for stress reactions in firefighters and rescue personnel. Unlike other acute stress management procedures, SFA was designed specifically to support firefighters and rescue personnel. The goal of SFA is to restore health and readiness after a stress reaction.

*****FREE LUNCH*****

and

Occupational Fire Service Cancer

One offering: 1:30—3:00 pm

There is evidence that firefighters have an increased risk of contracting certain cancers, exposures can be respiratory, through skin absorption and ingestion. This course reviews:

- The actions that can be taken by firefighters as individuals and fire departments as organizations to reduce risk and assist affected firefighters.
- What the United States Fire Service has done and continues to do regarding cancer in the fire service.
- Tells one person's story about exposure, prior to succumbing to Cancer!

Taking place at the:

NH Fire Academy

**98 Smokey Bear Blvd
Concord, NH 03301**

Call: 603-223-4200

Apply Online: <https://www.nh.gov/safety/divisions/fstems/FireCourses.html#seminars>

